



NORTH
AMERICAN
NATURE
PHOTOGRAPHY
ASSOCIATION

ICELAND PACKING LIST



Images of Iceland by:
by Haukur Snorrason (Local Iceland Guide)

All materials designed by:

Windows of
Nature
by Dee Ann, L.L.C.



Special Note from Dee Ann

These two packing list will assist you with your personal gear as well as camera gear to ensure you arrive with everything you need to have an enjoyable and successful photo adventure in Iceland. Remember that our trip will be predominantly an outdoor adventure and photography so comfortable and informal clothing is perfect.

The weather in Iceland can be somewhat unpredictable. The only thing predictable is that it will vary from morning till afternoon and from day to day. This is precisely why I mention at the top of the packing list to "THINK LAYERS". Therefore, you will always be prepared for what ever Mother Nature greets us with. A few things I never go without when I go to on northerly destination photography trip: Waterproof hiking boots/shoes, my North Face Gor-tex water proof shell jacket with hood and a high quality pair of lite rain pants. Jeans and Cotton are not good choices for the field; if they get damp or wet, they do not breath or dry well and are not very flexible. Consider fabrics that are breathable and wicks away moisture from your body such as Gore-Tex, Wool etc...

One last important item to insure your camera gear is protected since most of us are more concerned about our camera gear than ourselves. Be sure to pack rain covers for your camera and lenses as well as a rain cover for your backpack if it does not already come with one. (Just in case)

You are now ready for your photo journey to THE LAND OF FIRE & ICE!

Dee Ann Pederson
P.O. Box 540983
Houston Texas 77254
713.526.0583
Cell: 281.804.5932
Fax: 713.521.4546
deeann@windowsofnature.com
www.windowsofnature.com

Windows of
Nature
by Dee Ann, L.L.C.





Consider packing for layered clothes so you can add or remove layers depending on weather conditions. Even though it is summer in Iceland, the weather can still be cool in the early morning or late evening there can be a rain shower. *Ex: Long sleeve shirt, fleece jacket & rain proof jacket.*



Clothing and other Accessories

- ☐ Jackets / Coats
 - Medium Weight Jacket (Consider rain proof / Gor-tex)
 - Fleece Long Sleeve Zip-up or sweater
 - Fleece Sleeveless Vest (Depends on Individual if long sleeve or sleeveless)
 - Lite Weight & Rain Jacket (We will be hiking)
- ☐ Shirts
 - First Layer: Long sleeve shirt
 - Second Layer: Fleece jacket or sweater
 - Outer Layer: Medium weight jacket (rain proof good idea)
 - Vented Outdoor Type Shirts/Long Sleeves with Roll Up Sleeves
 - T-shirts / Long Sleeves (option to above shirt)
 - Turtle Neck (Optional Idea)
- ☐ Pants
 - Comfortable/Flexible for Walking & Hiking
 - Rain Pants that can be folded in backpack & worn over pants (Consider those with zipper down leg for easy on or off)
 - Pants or Jeans for dinners
- ☐ Under garments
 - Underwear / T-shirt
 - Bra (s)
 - Socks / Warm & Lightweight (allow for extra)
 - Lite Thermal Underwear Top & Bottoms (Optional)
- ☐ Mittens / Gloves – Light weight (Optional)
- ☐ Shoes
 - Hiking Boots
 - Comfortable shoes for traveling / dinners and days when hiking boots not needed
- ☐ Belts
- ☐ Warm Pull on Hat / Head Band
- ☐ Robe
- ☐ P.J.'s



Toiletry Items and Other Personal Needs

This is a suggested/reminder list. Some items may not be needed by all individuals.

- | | |
|-------------------------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Bath shower gel / soap | <input type="checkbox"/> Face moisturizer |
| <input type="checkbox"/> Body moisturizing lotion | <input type="checkbox"/> Mouthwash |
| <input type="checkbox"/> Bug spray / Repellent | <input type="checkbox"/> Powder (Body & or Foot) |
| <input type="checkbox"/> Cold Medicine / Throat Lozenges | <input type="checkbox"/> Q-tips / Cotton balls |
| <input type="checkbox"/> Dental floss | <input type="checkbox"/> Razor |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Shampoo / Conditioner / Hair Gel |
| <input type="checkbox"/> Fingernail file | <input type="checkbox"/> Shaving cream |
| <input type="checkbox"/> First aid kit (see attached suggestions) | <input type="checkbox"/> Skin toner / cleaner |
| <input type="checkbox"/> Hair brush and comb | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Hair clips | <input type="checkbox"/> Tweezers |
| <input type="checkbox"/> Hair spray | <input type="checkbox"/> Travel size toilet paper |
| <input type="checkbox"/> Kleenex | <input type="checkbox"/> Tooth brush |
| <input type="checkbox"/> Lip balm | <input type="checkbox"/> Tooth paste |
| <input type="checkbox"/> Makeup | <input type="checkbox"/> Vitamins |





Miscellaneous Items

- ☐ Prescription Eye Glasses / Spare Pair / or Contacts
- ☐ Journal / Notebook / Pen
- ☐ Laundry Bag for Dirty Clothes
- ☐ Travel / Field Guides
- ☐ Money, Traveler's Checks, Credit Cards
- ☐ Tip Money for Guides
- ☐ Sunglasses
- ☐ Spare pair of sun glasses
- ☐ Wet ones / Hand wipes
- ☐ Travel alarm clock (Optional)
- ☐ Zip Ties
- ☐ Snacks (Trail mix / Protein Bars / etc.)
- ☐ Flashlight
- ☐ Scissors
- ☐ Small knife / Leather man tool
- ☐ Empty Water Bottle (If Desired for Day pack)
- ☐ Binoculars
- ☐ Day Pack / Back Pack / Fanny Pack (IMPORTANT)
- ☐ Hand / Foot Warmers
- ☐ Zip Lock / Plastic Bags (Several Sizes)
for Dirty Shoes on return trip home.

Medicine / First Aid Items

(This list is an all encompassing list that is use for remote destinations such as Africa or India. However, I include this as it may have an item on the list that is a helpful reminder for you)

Full Travel Medicine Kit

Prescription Medications

- ☐ Personal needed prescription medications
- ☐ Antibiotics (Like Cipro, just in case cold or flu type symptoms occur)
- ☐ Short-acting hypnotic (sleep medication)
- ☐ Anti-nausea / Motion medication

Non Prescription Medications

- ☐ Antacids
- ☐ Cough and cold suppressants
- ☐ Antihistamine
- ☐ Decongestant
- ☐ Laxative
- ☐ Band-aids
- ☐ Antibiotic ointment (Neosporin)
- ☐ Antiseptic wipes
- ☐ Aspirin
- ☐ Ibuprofen
- ☐ Thermometer
- ☐ Benedryl crème
- ☐ Benedryl pills
- ☐ Imodium / or other anti-diarrhea
- ☐ Eye rinse / eye drop solution
- ☐ Pepto-Bismol (liquid or tablets)
- ☐ Alka-Seltzer

Windows of
Nature
by Dee Ann, L.L.C.